

Every morning, I begin my day by saying a prayer that I wrote many years ago. I hope it will help you as well. I had a feeling it might resonate with some of you and that is why I am sharing it with you.

## A New Day

"Thank you for this day and a chance to begin again in your light. Thank you for the support of Mother Earth, the creative day before me and the constant flow of communication with Divine source from above.

Wrap me now in your peaceful light of love, peace and protection...above, below, in front of, behind and beside. I humbly ask you to walk with me in my soul's purpose, free of ego and shadows that would block my light. Please continue to keep me in my sacred space so that I may walk my path in peace."

Margaret Nock,

My Book of Light©

Margaret Nock, Six Sensory Being™

The photographs and content in this document are the property of Six Sensory Being<sup>m</sup> and are for non-commercial (personal) use only. Unauthorized digital, audio or other means of reproduction, sale in whole or in part, or distribution is prohibited. All rights reserved.